



MINISTRY OF ECONOMY  
DEPARTMENT OF STATISTICS MALAYSIA

CURRENT POPULATION ESTIMATES BY ADMINISTRATIVE DISTRICT, 2024



CURRENT POPULATION ESTIMATES, ADMINISTRATIVE DISTRICT, MALAYSIA, 2024

ADMINISTRATIVE DISTRICT STATISTICS, 2024

3 MOST POPULOUS DISTRICTS		
1	Petaling, Selangor	2.4 million
2	Johor Bahru, Johor	1.8 million
3	Ulu Langat, Selangor	1.5 million

TOP 3 DISTRICTS WITH HIGHEST ANNUAL POPULATION GROWTH RATE		
1	Kinabatangan, Sabah	9.6%
2	Kalabakan, Sabah	9.6%
3	Cameron Highlands, Pahang	8.4%

3 MOST POPULOUS DISTRICTS CITIZENS		
1	Petaling, Selangor	2.1 million
2	Johor Bahru, Johor	1.6 million
3	Ulu Langat, Selangor	1.3 million

TOP 3 DISTRICTS WITH HIGHEST SEX RATIO		
1	Bukit Mabong, Sarawak	153
2	Cameron Highlands, Pahang	153
3	Bentong, Pahang	133

Number of males for every 100 females

TOP 3 DISTRICTS WITH HIGHEST MEDIAN AGE		
1	Lubok Antu, Sarawak	38.6 years
2	Saratok, Sarawak	37.8 years
3	Kabong, Sarawak	35.8 years

TOP 3 DISTRICTS WITH HIGHEST COMPOSITION OF CITIZENS BY ETHNIC GROUP		
	1 Setiu, Terengganu	99.7%
	2 Nabawan, Sabah	99.6%
	3 Hulu Terengganu, Terengganu	99.4%
	1 Timur Laut, Pulau Pinang	63.7%
	2 Kampar, Perak	48.1%
	3 Sibu, Sarawak	48.0%
	1 Bagan Datuk, Perak	23.2%
	2 Klang, Selangor	18.7%
	3 Port Dickson, Negeri Sembilan	18.3%
	1 Padang Terap, Kedah	7.2%
	2 Kinabatangan, Sabah	7.1%
	3 Kunak, Sabah	6.0%

11 NEW AGEING DISTRICTS		
1	Beluru, Sarawak	7.5%
2	Mukah, Sarawak	7.2%
3	Telang Usan, Sarawak	7.2%
4	Kuala Langat, Selangor	7.2%
5	Sepang, Selangor	7.2%
6	Muallim, Perak	7.2%
7	Segamat, Johor	7.1%
8	Tumpat, Kelantan	7.1%
9	Seberang Perai Tengah, Pulau Pinang	7.1%
10	Tenom, Sabah	7.1%
11	Kuala Selangor, Selangor	7.1%

Notes:  
i. Preliminary  
ii. Data for the years 2023 and 2024 refer to mid-year population estimates based on the Population and Housing Census Malaysia, 2020.  
iii. The added total may differ due to rounding.

Source: Current Population Estimates, Administrative District, 2024  
Department of Statistics Malaysia (DOSM)

## **POPULATION IN MALAYSIA, 2024**

The current population estimates for administrative districts present the population estimates in Malaysia for 2023 and 2024. The annual current population estimates are based on the Population and Housing Census Malaysia, 2020. The population estimates use cohort-component method which comprise of births, deaths and migration. These estimates used the bottom-up approach. The population is estimated according to single age, ethnic group and sex at district level.

### **POPULATION SIZE AND ANNUAL POPULATION GROWTH RATE**

The total population of Malaysia in 2024 estimated at 34.1 million as compared to 33.4 million in 2023 with a growth rate of 1.9 per cent. The Citizens and Non-citizens population increased to 30.7 million (2023: 30.4 million) and 3.4 million (2023: 3.0 million) in 2024, respectively.

Kalabakan and Kinabatangan in Sabah recorded the highest growth rate at 9.6 per cent, followed by Cameron Highlands, Pahang (8.4%). The highest growth rate of Non-citizens in Cameron Highlands, Pahang (41.4%) is attributed to the influx of foreign workers in agriculture sector.

### **POPULATION BY SEX**

The number of males exceeded females at 17.9 million and 16.2 million respectively contributed to a sex ratio of 111 males for every 100 females. At district level, Bukit Mabong, Sarawak and Cameron Highlands, Pahang recorded the highest sex ratio in 2024 with 153 males per 100 females, followed by Bentong, Pahang (133). These districts also recorded high sex ratio in 2023.

### **AGE STRUCTURE**

The composition of population aged 15-64 years (working age) increased to 70.1 per cent (2024) from 69.9 per cent in 2023. The percentage of the population aged 65 years and over (old age) increased to 7.7 per cent from 7.4 per cent for the same period. Meanwhile, the composition of population aged 0-14 years (young age) in 2024 decreased from 22.7 per cent in 2023 to 22.2 per cent.

The highest composition of the population aged 0-14 years (young age) at district level in 2024 was recorded in Kecil Lojing with 33.8 per cent, followed by Gua Musang (33.4%) and Tumpat (32.3%) in Kelantan. Meanwhile, Sebauh, Sarawak recorded the highest percentage of population aged 15-64 years (working age) with 79.5 per cent, followed by Kinabatangan, Sabah (78.4%) and Belaga, Sarawak (78.3%). Lubok Antu, Sarawak has the highest old age population (65 years and over) with 15.1 per cent.

### **DEPENDENCY RATIO**

The total dependency ratio refers to the ratio of young age (0-14 years) and old age (65 years and over) that need to be supported for every 100 population aged 15-64 years

(working age). The old age dependency ratio (65 years and over) increased to 10.9 (2024) from 10.6 in 2023. This was contributed by the increase of old age composition from 7.4 per cent (2023) to 7.7 per cent in 2024.

Tumpat, Kelantan has the highest total dependency ratio of 65.1 while Gua Musang, Kelantan has the highest young age dependency ratio at 53.9. The old-age dependency ratio was highest in Lubok Antu, Sarawak (22.4).

## **AGEING POPULATION**

The United Nations has defined three categories of ageing, namely ageing society, aged society and super-aged society which refers to the population aged 65 years and over reached 7 per cent, 14 per cent and 20 per cent respectively. Meanwhile, the National Senior Citizens Policy (DWEN) states that ageing is when the population of 60 years old and over comprises 15 per cent of the total population.

The composition of Malaysia's population aged 60 years and over as well as those aged 65 years and over are increasing over the years. The composition of population aged 60 years and over in 2024 has increased to 11.6 per cent as compared to 11.3 per cent (2023). Meanwhile, for population 65 years and over, the composition has increased to 7.7 per cent (2023: 7.4%).

## **POPULATION DENSITY**

On average, Malaysia has a population density of 103 persons per square kilometre. Petaling, Selangor has the highest population density with 4,836 persons per square kilometre, followed by Timur Laut, Pulau Pinang (4,782 persons) and Seberang Perai Tengah, Pulau Pinang (1,887 persons).

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